



Arminlabs | Medicum Bad Aibling MVZ GmbH • Standort Zirbelstr. 58 • 86154 Augsburg
Basic Foodscreen IgG • Date of birth: - • Age: - • Sex: unknown



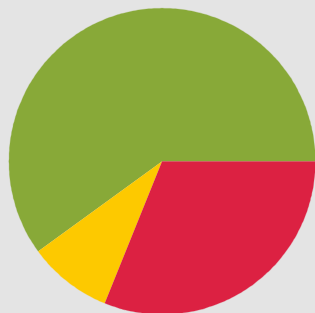
IgG food hypersensitivity

Individual short report

Basic Foodscreen IgG

Date of birth: - • Age: - • Sex: unknown • Sample-ID: 839451111

Your personal results



54

Low food specific IgG

8

Elevated food specific IgG

28

High food specific IgG

Sender

Arminlabs | Medicum Bad Aibling MVZ
Standort Zirbelstr. 58
86154 Augsburg

Sample type:

Serum

Sample-ID:

839451111

Examination method:

ELISA for the detection of foodstuff spec. IgG

Specimen collection:

16/06/2025

Reception of specimen:

19/06/2025

Date of Report:

25/06/2025

Report authorized by:

Dr. Armin Schwarzbac

The information in your documents does not replace the medical advice of a trained health professional. The results obtained must always be interpreted in combination with the complete clinical picture. Dietary changes must be made in consultation with a health professional, a relevant dietician or nutritional expert. Please immediately consult your practitioner in case of any health-related concerns. The specific IgG concentrations determined by this test offer the basis for an elimination and provocation diet. We do not claim that the determined IgG concentrations reflect the occurrence or the severeness of serious clinical symptoms.



Type of food	µg/ml IgG	
Grape	< 2.5	
Kiwi	115.4	
Lemon	4.4	
Nectarine	6.9	
Orange	31.4	
Pineapple	11.9	
Strawberry	3.1	
Watermelon	14.6	



Type of food	$\mu\text{g/ml}$ IgG	
Basil	< 2.5	
Cinnamon	3.1	
Garlic	3.5	
Horseradish	11.8	
Mustard seed	< 2.5	
Nutmeg	3.0	
Oregano	< 2.5	
Paprika, spice	41.5	
Parsley	14.1	
Pepper, black	5.2	
Rosemary	< 2.5	
Thyme	< 2.5	
Vanilla	7.1	



Fish and seafood

Type of food	µg/ml IgG	
Crayfish	< 2.5	
Ocean perch	< 2.5	
Pollock	< 2.5	
Salmon	< 2.5	
Tunafish	< 2.5	

Cereals containing gluten

Type of food	µg/ml IgG	
Barley	11.3	
Gluten	131.0	
Rye	86.4	
Spelt	104.0	
Wheat	70.0	

Meat

Type of food	µg/ml IgG	
Beef	56.5	
Chicken	10.1	
Lamb	9.3	
Pork	3.4	
Turkey	6.0	

Seeds and nuts

Type of food	µg/ml IgG	
Almond	196.8	

Seeds and nuts

Type of food	µg/ml IgG	
Cashew	186.4	
Cocoa bean	4.1	
Hazelnut	196.9	
Linseed	170.5	
Peanut	170.8	
Pistachio	174.2	
Poppy seeds	17.5	
Pumpkin seeds	161.7	
Sesame	160.9	
Sunflower seeds	173.5	
Walnut	18.3	

Mushrooms

Type of food	µg/ml IgG	
Meadow mushrooms	< 2.5	

Cereals w/o gluten and alternatives

Type of food	µg/ml IgG	
Buckwheat	26.4	
Maize, sweet corn	30.3	
Millet	7.9	
Oats	179.2	
Rice	17.6	



Milk products

Type of food	µg/ml IgG	
Cow's milk	23.5	
Goat milk, cheese	5.1	
Rennet cheese (cow)	8.1	
Sheep milk and cheese	3.2	
Sour milk products (cow)	16.9	



Salads

Type of food	µg/ml IgG	
Butterhead lettuce	< 2.5	
Lamb's lettuce	< 2.5	



Yeast

Type of food	µg/ml IgG	
Yeast	< 2.5	



Teas, coffee and beverages

Type of food	µg/ml IgG	
Peppermint	< 2.5	



Food additives

Type of food	µg/ml IgG	
Guar flour (E412)	< 2.5	



Eggs

Type of food	µg/ml IgG	
Chicken egg	117.2	



Sweeteners

Type of food	µg/ml IgG	
Cane sugar	< 2.5	
Honey (mixture)	7.8	